





If you have signs of coronavirus

- * Stay home for 10 days
- * Phone 119 for a test
- * People you live with must also stay home

Self isolation



Ask someone to do your shopping



Tell people not to come in your house or room



Keep toilets, bathrooms and towels clean



Wash your hands a lot



Coronavirus symptoms?

Do not visit A&E or your GP Stay at home and call 111 If life is in danger call 999