

A Support Bubble



If you live alone you can have a **support bubble** with one other household - even during lockdown. You can visit each other as much as you need.



This is for people who live on their own



and single parents



You can form a support bubble with friends or family



But you have to choose just one household



You can go indoors and even stay the night



If any of you get coronavirus symptoms
You must all stay home for 14 days